

Sex Was Great- Until We Got Married

Contributed by Laurie B. Freeman

Esther Perel has written a book on marriage with interesting ideas in addition to an interesting title. The book is *Mating in Captivity* and it challenges the idea of the sexless marriage. Dr. Perel offers reasons why a couple's sexual relationship shifts after marriage and kids and offers solutions to remedy this issue. She examines cultural beliefs that support this problem in addition to a theory of how intimacy can squelch sexual desire. Worth reading if this is an issue in your marriage and even if its not.